

Wiltse Classification Classification of Spondylolisthesis

- 1.) Dysplastic : Congenital malformation of the sacrum or neural arch of L5.
- 2.) Isthmic: Stress fracture, elongation, or acute fracture of the pars.
- 3.) Degenerative: Long-standing arthritic process of the zygapophyseal joints.
- 4.) Traumatic: Neural arch fracture excluding the pars region.
- 5.) Pathologic: Bone disease – Paget’s, Metastatic disease, or [Osteopetrosis](#).
- 6.) Iatrogenic: Following lumbar spine surgery

Reference: Wiltse LL, Newman PH, Macnab I. “Classification of spondylolysis and spondylolisthesis.” Clin Orthop Relat Res. 1976 Jun;(117):23-9.

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