

# WHO performance scale

## Grade Description

- 0 Fully active, no performance restriction as a result of disease.
- 1 Restricted in physically strenuous activity. Ambulatory. Able to do light work, e.g. light house work, desk work.
- 2 Unable to perform any work activities. Ambulatory. Up & about > 50% of waking hours.
- 3 Only able to perform limited self care. [Wheelchair](#) confined > 50% of waking hours.
- 4 Completely disabled. Unable to perform self care. Totally bed or chair confined.
- 5 Dead

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