

Von Hippel-Lindau disease

General information

Key concepts

- disorder with [hemangioblastomas](#) (HGB) primarily of [cerebellum](#), [retina](#), [brainstem](#) & [spinal cord](#), as well as [renal cysts/tumors](#), [pheochromocytomas](#) (among others)
 - autosomal dominant, due to inactivation of [tumor suppressor gene](#) on 3p25
 - expression and age of onset are variable, but $\approx$ always manifests by age 60
 - mean age of developing HGBs is at least 10 years younger than sporadic HGBs
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The German ophthalmologist [Eugen von Hippel](#) first described [angiomas](#) in the [eye](#) in 1904.

[Arvid Lindau](#) described [cerebellar angiomas](#) and [spine](#) in 1927.

The term [von Hippel-Lindau](#) disease was first used in 1936, however, its use became common only in the 1970s.

Patients with VHL disease commonly develop [cerebellar hemangioblastomas](#), which are frequently multiple.

von Hippel-Lindau (VHL) disease is a rare, [autosomal dominant](#) genetic condition that predisposes individuals to benign and malignant tumors. The most common tumours found in VHL are central nervous system and retinal [hemangioblastomas](#), [clear cell renal carcinomas](#), [pheochromocytomas](#), pancreatic neuroendocrine tumours, pancreatic cysts, [endolymphatic sac tumors](#) and [papillary cystadenoma of the epididymis](#).

Epidemiology

[Von Hippel-Lindau disease epidemiology](#).

Classification

Subtypes of VHL

Type I: any manifestation of VHL (typically [hemangioblastoma](#) & [renal cell carcinoma](#)) except [pheochromocytoma](#).

Type IIA: [pheochromocytoma](#) is characteristic. [Renal cell carcinoma](#) is rare.

Type IIB: high risk of [hemangioblastoma](#), [renal cell carcinoma](#) and [pheochromocytoma](#).

Type IIC: risk of pheochromocytoma only (without risk of [hemangioblastoma](#) or [renal cell carcinoma](#)).

VHL disease can be subdivided according to the clinical manifestations, although these groups often correlate with certain types of mutations present in the [VHL gene](#).

Clinical features

[Von Hippel-Lindau disease clinical features](#).

Genetics

[Von Hippel-Lindau disease genetics](#).

VHL protein

The regulation of HIF1 α by pVHL. Under normal oxygen levels, HIF1 α binds pVHL through 2 hydroxylated proline residues and is polyubiquitinated by pVHL. This leads to its degradation via the proteasome. During hypoxia, the proline residues are not hydroxylated and pVHL cannot bind. HIF1 α causes the transcription of genes that contain the hypoxia response element. In VHL disease, genetic mutations cause alterations to the pVHL protein, usually to the HIF1 α binding site. The VHL protein (pVHL) is involved in the regulation of a protein known as hypoxia inducible factor 1 α (HIF1 α). This is a subunit of a heterodimeric transcription factor that at normal cellular oxygen levels is highly regulated. In normal physiological conditions, pVHL recognises and binds to HIF1 α only when oxygen is present due to the post translational hydroxylation of 2 proline residues within the HIF1 α protein. pVHL is an E3 ligase that ubiquitinates HIF1 α and causes its degradation by the proteasome. In low oxygen conditions or in cases of VHL disease where the VHL gene is mutated, pVHL does not bind to HIF1 α . This allows the subunit to dimerise with HIF1 β and activate the transcription of a number of genes, including vascular endothelial growth factor, platelet-derived growth factor B, erythropoietin and genes involved in glucose uptake and metabolism.

Tumors associated with Von Hippel-Lindau disease

see [Tumors associated with Von Hippel-Lindau disease](#).

Diagnosis

[Von Hippel-Lindau disease diagnosis](#).

Treatment

[Von Hippel-Lindau disease treatment.](#)

Outcome

The lifespan of patients with [Von Hippel-Lindau disease](#) is decreased. 30–50% die of [renal cell carcinoma](#) (RCC). Metastases from RCC and neurologic complications from [cerebellar hemangioblastoma](#) are the primary causes of death. Metastases respond poorly to [chemotherapy](#) and [XRT](#).

Case reports

[von Hippel-Lindau disease case reports.](#)

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