

Voluntary movement

There are many different examples of voluntary [movement](#). Humans walk, talk and lift things voluntarily. Additionally, humans have conscious control over their excretory functions, making them voluntary movements as well. Voluntary movements of other animals are similar. A flying bird, slithering snake and swimming fish are all exhibiting voluntary movements.

The corticospinal [tract](#) (CST) represents the major [pathway](#) responsible for [voluntary movement](#)

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