

A vertebral [end plate](#) is the transition region where a vertebral body and intervertebral disc interface with each other. A vertebral end plate is commonly described as consisting of 2 layers:

Cartilaginous layer (also called cartilaginous endplate) that fuses with the disc

Thin layer of porous bone (also called bony endplate) that attaches to the vertebra.

see [Modic changes](#)

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