

# Vermont

Vermont is a state in the New England region of the northeastern [United States](#). It borders the U.S. states of [Massachusetts](#) to the south, New Hampshire to the east and [New York](#) to the west, and the Canadian province of [Quebec](#) to the north.

Vermont is the second smallest by population and the sixth smallest by area of the 50 U.S. states. The state capital is Montpelier, the least populous state capital in the United States. The most populous city, Burlington, is the least populous city to be the most populous city in a state. As of 2015, Vermont was the leading producer of maple syrup in the United States. It was ranked as the safest state in the country in 2016.

## [Burlington](#)

South Burlington

Rutland

Barre

Montpelier

Winooski

St. Albans

Newport

Vergennes

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