

□ Useless

“Not everything that is published deserves to be read — or done.”

□ Definition

Useless refers to any academic or clinical content that **fails to offer applicable knowledge, actionable insight, or meaningful contribution** to understanding, decision-making, or patient care.

In essence: **it fills pages, not minds.**

□ Hallmarks

- □ **Theory without practice** – Elaborate models or reviews with no real-world implications
- □ **Repetition of known facts** – Adds nothing new to the field; rewords the obvious
- □ **Abstract admiration** – Describes a promising idea with no mechanism, data, or plan
- □ **Unreadable or inapplicable** – So dense, vague, or narrow it becomes irrelevant even to specialists

□ In Scientific Literature

A **useless paper** may:

- Conclude with “further studies are needed” without specifying what, why, or how
- Present a “review” that is neither critical nor focused
- Discuss hypothetical technologies not yet validated in any model
- Be published only to increase the author’s h-index, not the reader’s understanding

□ In Neurosurgery

Examples include:

- Reviews on brain tumors that never mention surgical indications
- Articles on AI tools that were never tested on clinical datasets
- Protocols so idealized they collapse in real-world settings

⚠ Consequences

- Wastes clinician time and journal space
- Pollutes literature with noise over signal
- Inflates CVs but not patient outcomes

- Contributes to academic theater, not evidence-based medicine

□ How to Detect It

Ask:

- “Does this change anything I do, understand, or teach?”
- “Is there any result or framework I could actually use?”
- “Would anything be lost if this article had never been published?”

If the answer is **no** — it's **useless**.

□ Related Concepts

- [epistemological_fluff](#)
- [uncritical](#)
- [academic_theater](#)

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