

# Truth

**Truth** is the quality or state of being in accordance with fact or reality. In scientific and clinical contexts, it refers to what is **objectively verifiable**, **logically consistent**, and **resistant to bias or distortion**.

## □ Key Aspects

- Based on evidence and observation
- Independent of belief, opinion, or convenience
- Can be complex, evolving, and uncomfortable

## □ In Context (Academic & Medical Fields)

- A correct diagnosis despite pressure to discharge quickly
- Data that contradicts a popular hypothesis
- Speaking out against flawed protocols, even at personal cost

## ⚠ Why It Matters

- Truth is the foundation of trust in medicine and science
- Suppressing it endangers patients, learning, and integrity
- Seeking truth requires courage, rigor, and humility

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