

Trunk list is defined as a lateral deviation of the spine.

Trunk list is frequently observed in individuals with postural conditions including

Scoliosis

Spondyloarthritis

Low Back Pain

Disc Herniation

Trunk list is typically measured in a clinical setting using a plumbline

Very little research exists with regards to trunk list, its measurement using a plumbline and its association with other variables

In the general population, trunk list has been associated with pain and reducing trunk list seems to decrease pain in those with low back pain

Digital photography is increasingly being used for postural evaluation.

Some patients with lumbar herniated [intervertebral disc disease](#) (HIVD) suffer from both pain and lateral shift or trunk list. In addition to pain, patients have concerns regarding whether trunk list is reversible. Surgical treatment is performed when pain is intractable to conservative management, but a reversal of trunk list is an incidental outcome.

From:

<https://neurosurgerywiki.com/wiki/> - **Neurosurgery Wiki**

Permanent link:

https://neurosurgerywiki.com/wiki/doku.php?id=trunk_list

Last update: **2024/06/07 02:52**

