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Trendelenburg sign

Examiner observes the pelvis from behind while the patient raises one leg while standing. Normally the pelvis remains horizontal. A positive sign occurs when the pelvis tilts down toward the side of the lifted leg indicating weakness of the contralateral thigh abductors on the stance leg (primarily the gluteus medius, which is innervated by the superior gluteal nerve with contributions from L5 and some from L4 & S1).

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