

Traumatic cervical disc herniation

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Acute cord compression presenting with myelopathy or spinal cord injury, especially [central cord syndrome](#) and sometimes [Brown Sequard syndrome](#) is well described in association with traumatic [cervical disc herniation](#).

Traumatic disc herniation in [cervical facet dislocations](#) is not an absolute contraindication of cranial-cervical traction or posterior open reduction. Early realignment of the spine could bring more neurological benefits than waiting for an MRI or surgical discectomy. However, caution is needed until prospective and well-designed studies are performed ¹⁾.

¹⁾

Onishi FJ, Daniel JW, Joaquim AF, Evangelista AC, de Freitas Bertolini E, Dantas FR, Neto ER, Mudo ML, Brock R, Milano JB, Botelho RV. The impact of traumatic herniated discs in cervical facets dislocations treatments: systematic review and meta-analysis. Eur Spine J. 2022 Oct;31(10):2664-2674. doi: 10.1007/s00586-022-07290-z. Epub 2022 Jun 28. PMID: 35763222.

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