

# Transthoracic Discectomy

A video concerns a 48-yr-old woman who presented with worsening mid-back pain and progressive gait difficulty. Her examination was significant for proximal lower extremity muscle weakness, difficulty with tandem gait, and urinary incontinence. Imaging demonstrated a large T7-8 disc herniation causing severe spinal cord compression. The patient underwent T7-8 transthoracic discectomy and interbody fusion. She tolerated the procedure well without complication, and postoperative imaging demonstrated decompression of her spinal cord. On follow-up, she had improved mid-back pain, strength, and ambulatory function. The patient consented to the recording of this surgical video for potential publication <sup>1)</sup>.

<https://academic.oup.com/ons/advance-article/doi/10.1093/ons/opy407/5292651>

<sup>1)</sup>

Saadeh YS, Khalsa SS, Smith BW, Joseph JR, Khorfan RF, Park P. Transthoracic Discectomy for Symptomatic Thoracic Disc Herniation: 2-Dimensional Operative Video. Oper Neurosurg (Hagerstown). 2019 Jan 18. doi: 10.1093/ons/opy407. [Epub ahead of print] PubMed PMID: 30668873.

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