

Transdiscal screw fixation

Transdiscal fixation is defined as screw placement in the S1 pedicles, across the L5-S1 disc space, and penetrating into the L5 vertebral body.

Collados-Maestre et al. hypothesized that the transdiscal fixation is mechanically stronger to resist L5-S1 slipping compared with pedicle fixation, regardless of the fixation level proximal to L5 ¹⁾

Case series

Many case-series studies of lumbosacral fusion for spondylolisthesis have been reported, but only a few have focused on L5-S1 [transdiscal screw fixations](#) ^{2) 3) 4)} , and only 2 of these had more than 20 patients ^{5) 6)} .

Other studies had used transdiscal screwing associated with some other technique of fusion ^{7) 8) 9) 10)} .

see also [Pedicular transvertebral screw fixation](#)

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