

Toxoplasma gondii

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[Toxoplasma gondii](#) is an obligate intracellular protozoan that is ubiquitous but does not cause clinical infection except in [immunocompromised](#) hosts. Histologic features: [necrosis](#) containing 2–3 nm tachyzoites (cysts).

In [AIDS](#) patients: [Toxoplasma gondii](#) is a common [pathogen](#), and initial [empiric therapy](#) with [sulfadiazine](#) + [pyrimethamine](#) + [leucovorin](#) is often used.

Epidemiologic evidence suggests a protective effect of [Toxoplasma gondii](#) infection against [multiple sclerosis](#) (MS) development; however, inconsistent findings have been reported in this regard. Therefore, Rostami et al. performed an updated [meta-analysis](#) of [observational](#) studies to investigate the association of To. gondii infection with MS development. They searched all articles published in [PubMed](#), [Scopus](#), [Embase](#), and [Web of Science](#) databases as of 20 December 2021. A random-effects meta-analysis model was used to generate the pooled OR at 95% CIs. The heterogeneity between studies was assessed using I² and Cochran's Q statistics. Moreover, the likelihood of publication bias was determined by Egger's regression test. A total of 11 studies were eligible for meta-analysis, including 1172 MS cases and 1802 controls. Our findings indicated that 29.8% (95% CI 22.8 to 37.2%) of MS patients were seropositive for To. gondii infection, compared with 34.2% (95% CI 21.9 to 47.6%) of control subjects. The estimated pooled OR was 0.79 (95% CI 0.49 to 1.26), suggesting a non-significant negative association between To. gondii infection and MS development ($p > 0.05$). The current study does not support the significant protective role of To. gondii infection on MS development. The findings imply that further well-designed epidemiological and mechanistic studies are warranted to ascertain the possible association between To. gondii infection and MS and to exclude the potential [confounders](#) ¹.

Diagnosis

[CT/MRI](#) findings in [toxoplasma abscess](#)

1. most common findings: large area (low density on CT) with mild to moderate [edema](#), [ring enhancement](#) with [IV contrast](#) in 68% compatible with [abscess](#) (of those that did not ring-enhance,

many showed **hypodense** areas with less **mass effect**, with slight enhancement adjacent to the lesion), well-circumscribed margins ²⁾

2. most commonly located in **basal ganglia** are also often subcortical

3. often multiple (typically > 5 lesions ³⁾) and bilateral

4. usually with little to moderate **mass effect** ⁴⁾ (in **basal ganglia**, may compress **third ventricle** and **Sylvian aqueduct**, causing **obstructive hydrocephalus**)

5. most patients with **toxoplasmosis** had evidence of **cerebral atrophy**.

Stereotactic biopsy guidelines:

a) if multiple **lesions** are present, choose the most accessible lesion in the least **eloquent** brain area, or the lesion not responding to treatment

b) **biopsy** the center of non-enhancing lesions or the enhancing portion of ring-enhancing lesions

c) recommended studies on biopsy: histology; immunoperoxidase stain for Toxoplasma gondii; stains for TB and fungus; culture for TB, fungi, pyogens

References

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