

Instrumented [spinal arthrodesis](#) using rigid [rods](#) is currently the most widely used treatment for [degenerative diseases](#) of the [lumbar spine](#), particularly if unresponsive to conservative care. However, the elastic modulus of [titanium](#), the main metallic material used in [lumbar fusion](#) procedures, is much greater than that of bone, which may significantly change the physiological distribution of the load at the instrumented vertebral segments <sup>1) 2) 3)</sup>

<sup>1)</sup>

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<sup>2)</sup>

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<sup>3)</sup>

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