

Thoracic disc herniation treatment

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[Thoracic disc herniation surgery](#) can be challenging due to the anatomical constraints and the high risk of morbidity due to proximity to the thoracic spinal cord. Moreover, the selection of an appropriate surgical approach depends on various factors such as the size and location of disc herniation within the spinal canal, spinal level, presence or absence of calcification, degree of spinal cord compression, and familiarity with various approaches by the treating surgeon. While there is agreement that posterolateral approaches can be used to treat posterolateral and central soft disc herniation, there is a lack of consensus on the best surgical approach for central calcified and giant calcified TDH where an anterior approach is perceived as the best option. There is increasing evidence that supports the safety and efficacy of posterolateral approaches even for central calcified and giant calcified TDH ¹⁾

see [Thoracic disc herniation surgery](#)

¹⁾

Kasliwal MK. Evolution and current status of surgical management of thoracic disc herniation - A review. Clin Neurol Neurosurg. 2023 Nov 19;236:108055. doi: 10.1016/j.clineuro.2023.108055. Epub ahead of print. PMID: 37992532.

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Last update: **2024/06/07 02:51**

