

Third ventricle approaches

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The [approaches](#) suitable for lesions within or compressing the anterior portion of the [third ventricle](#) are the [transsphenoidal approach](#), [subfrontal approach](#), [frontotemporal approach](#), [subtemporal approach](#), anterior [transcallosal approach](#), and anterior [transventricular](#). The approaches suitable for reaching the posterior portion of the 3rd ventricle are the posterior [transcallosal](#), posterior [transventricular](#), [occipital transtentorial approach](#), and [infratentorial supracerebellar approach](#) ¹⁾.

The choice of the [third ventricle approach](#) basically depends on the exact location of the lesion, the differential diagnosis, lesion size, patient's clinical status and anatomical knowledge.

Basically three major approaches to the third ventricle: [transcortical](#), [transcallosal](#) and [endoscopic](#) approaches. Less used, would be the [subfrontal](#) via [lamina terminalis](#) access and stereotactic techniques.

General information

Classic references review the microsurgical anatomy ²⁾ and surgical approaches ³⁾, and are briefly summarized below.

Alternative approaches for lesions of the anterior third ventricle:

1. [transcortical](#): approach is through the [lateral ventricle](#) and is feasible only in the presence of [hydrocephalus](#); especially useful if the tumor extends from the [third ventricle](#) into one of the lateral ventricles. Risk of seizures is 5% (higher than with [transcallosal](#))

see [Transcortical approach to the third ventricle](#).

2. transcallosal: may be preferable in the absence of hydrocephalus

see [Transcallosal approach to the third ventricle](#).

3. [subfrontal](#): allows four different approaches

a) [subchiasmatic](#): between optic nerve and optic chiasm

b) optico-carotid: through the triangular space bordered by optic nerve medially, carotid artery laterally, and ACA posteriorly

c) lamina terminalis: above the optic chiasm

d) [transsphenoidal](#): requires removal of [tuberculum sellae](#), [planum sphenoidale](#), and anterior wall of the [sella turcica](#)

4. transsphenoidal

5. [subtemporal](#)

6. stereotactic: may be useful for aspiration of colloid cysts

Third [ventricle tumors](#) are surgical challenges because of the complex surrounding structures, including the hypothalamus, infundibulum, optic pathways, limbic system, and nearby vasculature ⁴⁾.

These tumors cause obstructive hydrocephalus and thus necessitate a CSF diversion procedure such as an [endoscopic third ventriculostomy](#) (ETV), often coupled with an [endoscopic biopsy](#) (EBX). Lesions located posterior to the [massa intermedia](#) pose a technical challenge, as the use of a rigid endoscope for performing both an ETV and EBX is limited.

Roth and Constantini, recommend using a combined rigid-flexible endoscope for endoscopic third ventriculostomy and biopsy to approach posterior third ventricular tumors (behind the massa intermedia). This technique overcomes the limitations of using a rigid endoscope by reaching 2 distant regions ⁵⁾.

The first choice treatment option for [third ventricle](#) lesions with dilated ventricles was endoscopic management ⁶⁾. Among microsurgical approaches, the expanded transcallosal transforaminal approach was a more recently practiced and safe method of accessing the anterior and middle third ventricle. With this approach, the risk of damage to most of the vital structures, such as the [fornix](#) or the [thalamus](#) was avoided ⁷⁾. The location of the junction of the anterior septal and internal cerebral vein is essential. Preoperative magnetic resonance (MR) venography can identify the junction. Some areas remain inaccessible, such as the anterosuperior and posterosuperior regions of the third ventricle ⁸⁾.

The expanded transcallosal transforaminal approach remains a safe and relatively secure method of gaining access to the third ventricle ⁹⁾.

There are three broad categories – anterior, lateral, and posterior routes. The anterior routes include transforaminal, interforniceal, transchoroidal, and subchoroidal. The subtemporal route is the main

lateral corridor to the third ventricle and recommended if the tumor is located lateral to the sella turcica or extends into the middle cranial fossa ¹⁰⁾. A transtubular access to the third ventricle is also practical. It enables blunt dissection of the corpus callosum which may minimize retraction injuries. Three-dimensional endoscopic visualization, coupled with a transparent plastic retractor, provides absolute and undeviating monitoring of the surgical corridor ¹¹⁾. In the third ventricle's anterior portion, the endoscopic endonasal approach permits surgical maneuverability. The lamina terminalis and tuber cinereum are thought to be safe entry points for this approach ¹²⁾. Tumors leading to the blockage of the Sylvian aqueduct can cause obstructive hydrocephalus; this calls for a CSF diversion procedure, endoscopic third ventriculostomy, combined with an endoscopic biopsy. Posterior third ventricular tumors should be approached using a combination of a rigid-flexible endoscope ¹³⁾.

[Colloid cyst treatment.](#)

[Choroid plexus papilloma treatment.](#)

[Craniopharyngioma treatment.](#)

Operative approaches to tumors of the third ventricle, mainly the bifrontal approach through the lamina terminalis, has several advantages. First, the main arteries can be exposed and the operative field is sufficiently wide to render the operative procedure safe. Second, cortical incision or excision is unnecessary. By cutting the [lamina terminalis](#), which is usually thin and expanded as a result of [hydrocephalus](#), even a large tumor can be removed. In addition, lethal complications are avoided, because this approach has less possibility of damage to the lateral wall of the [third ventricle](#). Seventeen cases of tumor in the third ventricle underwent operation via this approach. The operative technique for the bifrontal approach through the lamina terminalis and three representative cases are reported. This approach can be applied not only to tumors, but to [arteriovenous malformations](#) or [giant aneurysms](#) adjacent to the third ventricle ¹⁴⁾.

Complications

The most common complications were paresis (37%), abulia/aphasia (28%), memory loss (18%), and cognitive change (17%) and occurred independently of the chosen approach. Over 75% of complications resolved within 12 months. The permanent neurological complication rate determined by a staff neurologist was 19.7%. Seizure attributable to surgery occurred following 8% of transcortical and 25% of transcallosal operations.

Although the 2 traditional approaches to the ventricular system had similar major complication rates, the [transcallosal approach](#) was associated with significantly increased seizure risk. Accordingly, the chosen operative corridor should optimize tumor access and the protection of vulnerable neurovascular structures ¹⁵⁾.

Approaches to the posterior wall of the third ventricle

Surgery of lesions in the posterior wall of the [third ventricle](#) requires great expertise due to its deep location and important surrounding structures. This region has been traditionally reached through a [supracerebellar infratentorial approach](#), but new options have emerged, especially with the development of [neuroendoscopy](#).

One formalin-fixed cadaver human head was dissected. Five different endoscopic approaches were performed: [interhemispheric transcallosal transchoroidal approach](#), [frontal transforaminal transchoroidal approach](#), [supraorbital subfrontal translamina terminalis approach](#), [expanded endonasal approach](#), and [supracerebellar infratentorial approach](#). An anatomical description of the different approaches was conducted and quantitative measurements (craniocaudal and latero-lateral distances) were taken using the [StealthStation](#)® workstation after performing a CT scan of the specimen.

The interhemispheric transcallosal transchoroidal, frontal transforaminal transchoroidal, and supraorbital subfrontal translamina terminalis approaches provided great view of all the structures of the posterior wall of the third ventricle. Maximum craniocaudal distance was obtained through the supraorbital subfrontal translamina terminalis approach (10.6 mm), with great difference from the expanded endonasal approach (5.2 mm). The widest latero-lateral distance from inside the third ventricle was achieved through the interhemispheric transcallosal transchoroidal approach (4.6 mm), similar to the expanded endonasal (4.1 mm), and differing from the supraorbital subfrontal translamina terminalis (2.4 mm).

The [endoscopic approaches](#) provided an adequate alternative to more traditional microsurgical approaches to the posterior wall of the third ventricle, with a great view of all its structures. The selection of the approach must be taken under consideration in each case ¹⁶⁾

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