Technical Maximalism

Technical maximalism refers to:

The tendency to apply the **maximum available technology, tools, or surgical complexity** to a clinical problem — regardless of whether such escalation improves outcomes, reduces risk, or respects the patient's context.

In Neurosurgery

- Using exoscopes, fluorescence, intraoperative MRI, tubular retractors, and neuronavigation in every case, even when not clinically justified
- Equating complexity with quality
- Assuming that **"more tech" = "better surgery"**

"The lesion was small and asymptomatic, but they brought out the full armamentarium — classic case of technical maximalism."

∆ Consequences

- Increased operative time, cost, and risk
- Erosion of clinical judgment
- · Over-reliance on tools instead of anatomical understanding
- Loss of proportionality between intervention and benefit

Related Concepts

- decorative neurosurgery
- clinical elegance
- academic theater

Synonyms: surgical overengineering, gadget-driven surgery, technophilic excess

Opposite: Technical restraint, appropriate complexity, outcome-guided practice

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