

Tampere

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Tampere is a city in Pirkanmaa, southern [Finland](#). It is the most populous inland city in the Nordic countries.

Tampere has a population of 235,615 with the urban area holding 334,112 people and the metropolitan area, also known as the Tampere sub-region, holding 385,301 inhabitants in an area of 4,970 km².

Tampere is the second-largest urban area and third most-populous individual municipality in Finland, after the cities of [Helsinki](#) and Espoo. It's also the most populous Finnish city outside the Greater Helsinki area and a major urban, economic, and cultural hub for central Finland.

From 1990 to 2015, the incidence of CSDH has increased markedly. The incidence of CSDH among the population 80 years or older has nearly tripled since 1990. The use of [anticoagulants](#) has increased, but there has been no change regarding the ratio between a traumatic and a spontaneous CSDH etiology ¹⁾.

see [Tampere publications](#).

¹⁾

Rauhala M, Luoto TM, Huhtala H, Iverson GL, Niskakangas T, Öhman J, Helén P. The incidence of chronic subdural hematomas from 1990 to 2015 in a defined Finnish population. J Neurosurg. 2019 Mar 22;1-11. doi: 10.3171/2018.12.JNS183035. [Epub ahead of print] PubMed PMID: 30901751.

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