

Symptomatic vasospasm

Symptomatic [vasospasm](#) is the clinical syndrome of [delayed cerebral ischemia](#) associated with angiographically documented narrowing of a major cerebral arterial territory and [TCD](#) elevation of a specific arterial territory.

Hyponatremia and [dehydration](#) due to [natriuresis](#) after subarachnoid hemorrhage are related to [symptomatic vasospasm](#). Therefore, most institutions are currently targeting euvoolemia and eunatremia in subarachnoid hemorrhage patients to avoid complications ¹⁾.

¹⁾

Uozumi Y, Mizobe T, Miyamoto H, Ashida N, Katsube T, Tatsumi S, Nakamura M, Kohmura E. Decreased serum sodium levels predict symptomatic vasospasm in patients with subarachnoid hemorrhage. J Clin Neurosci. 2017 Dec;46:118-123. doi: 10.1016/j.jocn.2017.08.037. Epub 2017 Sep 5. PubMed PMID: 28887070.

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