

Stiffness

The rigidity of an object — the extent to which it resists deformation in response to an applied force.

The complementary concept is flexibility or pliability: the more flexible an object is, the less stiff it is.

[Arterial Stiffness](#) as the Prevailing Risk Factor for [Cerebral Small Vessel Disease](#) in [Stroke-Free](#) Individuals ¹⁾

¹⁾

Noriega de la Colina A, Lioutas VA. Arterial Stiffness as the Prevailing Risk Factor for Cerebral Small Vessel Disease in Stroke-Free Individuals. Stroke. 2023 Oct 17. doi: 10.1161/STROKEAHA.123.044475. Epub ahead of print. PMID: 37846564.

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