

Spine instability

An unstable [spine](#) is a common spinal condition which can be caused by a number of factors including trauma and degenerative spine disease.

After White and Panjabi's original definition of [instability](#), and many classification schemes later, there remains no practical and meaningful definition for spinal instability in thoracolumbar trauma. Surgeon expertise and experience remain important factors in stability determination.

Abbasi Fard et al. propose that, at an initial assessment, a distinction should be made between immediate and delayed instability. This designation should better guide surgeons in decision making and patient counseling ¹⁾.

see [Microinstability](#).

Cervical spine instability

see [Cervical spine instability](#)

Lumbar spine instability

see [Lumbar spine instability](#)

Scores

[Spinal Instability Neoplastic Score](#)

¹⁾

Abbasi Fard S, Skoch J, Avila MJ, Patel AS, Sattarov KV, Walter CM, Baaj AA. Instability in Thoracolumbar Trauma: Is a New Definition Warranted? J Spinal Disord Tech. 2015 Aug 19. [Epub ahead of print] PubMed PMID: 26301732.

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