

Spinal stabilization

Spinal stabilization involves the installation of [hardware](#) and bone grafts to fuse segments of the [spine](#).

A spinal stabilization at an early stage (<72 hours) is presumed to be beneficial. Although some patients may require delay due to necessary medical improvement, every reasonable effort should be made to treat patients with unstable spinal column fractures as soon as possible. If early surgical treatment is feasible, severely injured patients may benefit from a shorter period of hospital treatment and a lower rate of complications.

Lumbar spinal fusion

[Lumbar spinal fusion](#).

Instrumented spinal arthrodesis

[Instrumented spinal arthrodesis](#)

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