

Sindou Grading System for Cavernous Sinus Meningiomas

The **Sindou Grade** is a classification system used to assess the **extent of resection** and **postoperative outcomes** in patients undergoing surgery for **cavernous sinus meningiomas (CSMs)**. It was developed by **Marc Sindou** to provide a standardized way to evaluate surgical results.

****Sindou Grades (I-VI)****

Grade	Extent of Resection	Description
Grade I	Total Resection (100%)	Complete tumor removal, including dural attachment and invaded bone.
Grade II	Subtotal Resection (>90%)	Small residual tumor in non-critical areas.
Grade III	Partial Resection (50-90%)	Significant tumor removal, but residual tumor remains in critical structures.
Grade IV	Limited Resection (<50%)	Only a portion of the tumor is removed due to high surgical risk.
Grade V	Biopsy or Decompression	Minimal resection, only for symptom relief.
Grade VI	No Resection	Tumor is deemed inoperable.

****Clinical Implications****

- **Higher grades (I-II)** are associated with **better prognosis** but may carry a higher risk of **cranial nerve deficits**. - **Lower grades (IV-VI)** suggest **incomplete resection**, often due to **tumor invasion into critical neurovascular structures**. - **Adjunctive treatments**, such as **radiosurgery (Gamma Knife, CyberKnife)**, are often considered for **residual or inoperable tumors** (Grade III-VI).

Example Interpretation: - A patient with **Grade I resection** has a **complete tumor removal** and a **lower risk of recurrence**. - A patient with **Grade IV resection** has a **high residual tumor burden**, requiring **adjuvant therapy**.

References: - **Sindou M. et al.** "Resection of cavernous sinus meningiomas: A grading system and evaluation of surgical results." *Neurosurgery*, 2002.

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