

# Simple interrupted stitch

The simple interrupted [stitch](#) is a [suturing technique](#) used to close [wounds](#). It is the most commonly used [technique](#) in the closure of [skin](#). It is known as an interrupted stitch because the individual stitches aren't connected; they are separate. Placing and tying each stitch individually is time-consuming, but this technique keeps the wound together even if one [suture](#) fails. It is simple, and relatively easy to place. A surgeon's [knot](#) or knots cross the wound perpendicularly. The knots should not be left over the [wound](#), but placed to one side in order to avoid [scarring](#) and to make the removal of the stitches easier.

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<html><iframe width="560" height="315" src="https://www.youtube.com/embed/VmaenFTww9w" title="YouTube video player" frameborder="0" allow="accelerometer; autoplay; clipboard-write; encrypted-media; gyroscope; picture-in-picture" allowfullscreen></iframe></html>
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## Single loop interrupted suture

see [Single loop interrupted suture](#)

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