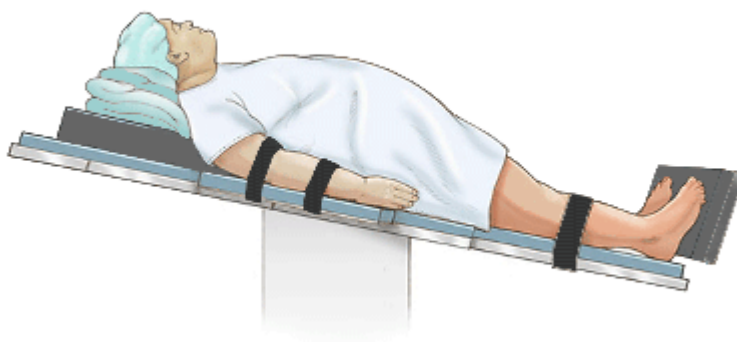


# Reverse Trendelenburg position



The [Trendelenburg position](#) involves placing the body on a decline with the head lower than the feet. In contrast, the reverse Trendelenburg position is the opposite, where the head is elevated higher than the feet while the body is on a decline.

Medical professionals often use these positions in various situations, such as during surgery, to optimize the surgical field or to manage blood flow and pressure. The reverse Trendelenburg position is sometimes employed in certain surgeries to improve visibility and access to the upper abdomen or thoracic area. Additionally, it may be used in critical care settings to assist with respiratory function and fluid management.

It's important to note that these positions should be used under the supervision of healthcare professionals, as they can have physiological effects on blood circulation, respiratory function, and other bodily functions. The choice of positioning depends on the specific medical condition, surgical procedure, or clinical context.

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