

Research synthesis

Efficient research synthesis requires 3 things: [matched variables](#), reported in the same manner, and easily identifiable studies. [Systematic reviews](#) indicated that [clinical trials](#) do not use the same [outcome measures](#) or reporting style.

While some discrepancies can be overcome by acquiring the original data, this is time-consuming, rarely straightforward, and often not possible.

Moreover, the interpretation of any pooled outcomes must also consider the comparability of the studied population and the trial methodology.

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