

Research method

A research method is a strategy used to implement that plan.

Which research method should I choose?

Observation / Participant Observation.

Surveys.

Interviews.

Focus Groups.

Experiments.

Secondary Data Analysis / Archival Study.

Mixed Methods (combination of some of the above)

Stefani A, Iranzo A, Sixel-Döring F, Videnovic A, Santamaria J, Trenkwalder C, Högl B. Need for a consensus on definitions and on research methods in RBD and its prodromal phases. *Sleep*. 2019 May 1;42(5). pii: zsz057. doi: 10.1093/sleep/zsz057. PubMed PMID: 31091537.

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Last update: **2024/06/07 02:51**