

Resveratrol (Res), as a naturally occurring **polyphenol** mainly found in **grapes** and **red wine**, gives **neuroprotection** in a variety of experimental models for neurodegenerative diseases in vitro and in vivo ¹⁾.

¹⁾

Zhang LN, Hao L, Wang HY, Su HN, Sun YJ, Yang XY, Che B, Xue J, Gao ZB. Neuroprotective effect of resveratrol against glutamate-induced excitotoxicity. Adv Clin Exp Med. 2015 Jan-Feb;24(1):161-5. doi: 10.17219/acem/38144. Review. PubMed PMID: 25923101.

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Last update: **2024/06/07 02:50**

