

Preoperative preparation

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Preoperative care refers to the **care** and **preparation** given to a **patient** before undergoing surgery or a **medical procedure**. The goal of preoperative care is to ensure that the **patient** is healthy enough to undergo the **procedure** and that they are mentally and physically prepared for the experience

While **length of stay** is a commonly used **metric**, it is not always an accurate indicator of **quality of care**. Longer **stays** are not necessarily associated with lower rates of **unplanned hospital readmissions**, suggesting that patient characteristics and **postoperative complications** are more reliable predictors of hospital outcomes. Therefore, efficient **preoperative preparation** and post-surgical **management** are essential in optimizing patient **recovery** and minimizing unnecessary **hospital stays**.

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