Postoperative Surgical Site Infection (SSI)Prevention

Postoperative care plays a crucial role in preventing **surgical site infections (SSIs)**. Early detection, wound management, and patient education are key components of effective SSI prevention after surgery.

□ Objectives

- Promote optimal wound healing
- · Prevent microbial contamination of the incision site
- Detect early signs of infection

☐ Key Postoperative Measures

□ 1. Wound Care

- Keep wound clean, dry, and covered for at least 24-48 hours
- Use aseptic technique for dressing changes
- · Avoid topical antibiotics unless specifically indicated

☐ 2. Monitoring for Signs of Infection

- Monitor for:
 - 1. Redness, swelling, warmth
 - 2. Purulent discharge
 - 3. **Fever** or systemic symptoms
- Use standardized wound surveillance protocols

☐ 3. Antibiotic Stewardship

- **Do not prolong** prophylactic antibiotics beyond 24 hours post-surgery (unless justified)
- Reserve therapeutic antibiotics for documented infections

☐ 4. Drain and Catheter Management

- Remove surgical drains and urinary catheters as early as possible
- Ensure closed drainage systems remain sealed and secure

☐ 5. Patient Hygiene and Education

- Instruct patient on:
 - 1. Hand hygiene before touching wound
 - 2. Signs of infection and when to seek help
- Educate about avoiding self-removal of dressings or stitches

☐ 6. Special Considerations in Neurosurgery

- Observe for CSF leakage, which increases SSI risk
- Avoid tension or manipulation over craniotomy/spinal wounds
- Ensure follow-up for wound inspection and imaging (if required)

☐ Documentation and Follow-up

- · Record wound status in clinical notes
- Schedule dressing changes and suture/staple removal
- Include SSI surveillance in quality control programs

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