

Postoperative stereotactic radiosurgery for brain metastases

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[Whole brain radiotherapy for intracranial metastases](#) (WBRT) is the standard of care to improve intracranial control following [brain metastases surgery](#). However, [stereotactic radiosurgery](#) (SRS) to the surgical cavity is widely used in an attempt to reduce cognitive toxicity, despite the absence of high-level comparative data substantiating efficacy in the postoperative setting ¹⁾

Postoperative [stereotactic radiosurgery](#) for brain metastases is typically done when surgery alone is not able to completely remove the tumor, or when there is a high risk of tumor recurrence. SRS can be used as a boost treatment after surgery, to target any remaining cancer cells and reduce the likelihood of recurrence.

It is typically planned on a post-recovery MRI, 2-4 weeks after resection. However, the intracranial metastasis may (re-)grow in this period. Planning SRS directly on the post-operative MRI enables shortening this time interval, anticipating the start of adjuvant systemic therapy, and so decreasing the chance of extracranial progression. The MRI-Linac (MRL) allows the simultaneous execution of the post-operative MRI and SRS treatment. Direct post-operative MRL-based SRS for resection cavities of brain metastases is dosimetrically acceptable, with the advantages of increased patient comfort and logistics. Clinical benefit of this workflow should be investigated given the dosimetric plausibility ²⁾.

Significant heterogeneity exists in target volumes for postoperative stereotactic radiosurgery.

The standard therapy for brain metastasis was surgery combined with whole brain radiotherapy (WBRT). The latter is however, associated with important neurocognitive toxicity. To reduce this

toxicity, postoperative stereotactic radiosurgery (SRS) is a promising technique.

Decline in [cognitive function](#) was more frequent with [WBRT](#) than with [SRS](#) and there was no difference in [overall survival](#) between the treatment groups. After resection of a brain metastases, Stereotactic radiosurgery should be considered one of the standards of care as a less toxic alternative to WBRT for this patient population ³⁾.

Postoperative stereotactic radiosurgery to the resection cavity safely and effectively augments local control of large brain metastases. Patients with <4 metastases and controlled systemic disease have significantly lower rates of distant brain failure (DBF) and are ideal treatment candidates ⁴⁾.

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