

Postoperative discitis outcome

9 patients developed bony bridging in 12–18 mos; 10 developed bony fusion in 18–24 mos ¹⁾.

All patients eventually become pain-free (or significantly improve). This is not the case in all series, where some report 60% were pain-free at F/U, others found slight back pain in most patients, and yet others report severe chronic LBP in 75%.49 67–88% returned to their previous work, and 12–25% received disability pension; these numbers are similar to the outcome from disc surgery in general.

No difference in [outcome](#) was found for the various activity restrictions specified, except for earlier pain relief with first two types listed above.

¹⁾
Rawlings CE, Wilkins RH, Gallis HA, et al. [Postoperative Intervertebral Disc Space Infection](#). Neurosurgery. 1983; 13:371–376

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