Post hoc observational cohort study

A 'post hoc observational cohort study' is a type of observational cohort study in which a retrospective analysis is conducted using data that was already collected, usually for a different original purpose.

Key Features

- **Observational**: No intervention is applied; researchers analyze associations within existing data.
- **Cohort**: The study population is a defined group followed over time.
- **Post hoc**: The analysis was not pre-specified in the original study protocol; it is performed after data collection.
- **Retrospective**: Uses previously gathered data such as medical records, registries, or clinical trial datasets.
- Exploratory: Aims to generate hypotheses rather than establish causation.

Limitations

- Increased risk of bias (e.g., selection, confounding).
- Associations found are not necessarily causal.
- Limited to the quality and completeness of existing data.

Example

A clinical trial dataset on aneurysmal subarachnoid hemorrhage, initially collected to study vasospasm, could later be analyzed post hoc to explore whether initial systolic blood pressure correlates with 3-month outcomes.

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