

Positive end-expiratory pressure

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Patients with [brain damage](#) often require [mechanical ventilation](#). Although lung-protective ventilation is recommended, the application of increased positive end-expiratory pressure (PEEP) has been associated with elevated [intracranial pressure](#) (ICP) due to altered cerebral venous return.

[Neurocritical care](#) (NCC) is not only generally guided by principles of general [intensive care](#) but also directed by specific goals and methods. A review by Wen et al. summarizes the common [pulmonary diseases](#) and [pathophysiology](#) affecting NCC patients and the progress made in strategies of respiratory support in NCC. This review highlights the possible interactions and [pathways](#) that have been revealed between neurological injuries and respiratory diseases, including the [catecholamine](#) pathway, systemic [inflammatory](#) reactions, [adrenergic hypersensitivity](#), and dopaminergic signaling. Pulmonary complications of neurocritical patients include [pneumonia](#), neurological [pulmonary edema](#), and [respiratory distress](#). Specific aspects of respiratory management include prioritizing the [brain protection](#), and the goal of respiratory management is to avoid inappropriate blood gas composition levels and [intracranial hypertension](#). Compared with the traditional mode of protective [mechanical ventilation](#) with low [tidal volume](#) (Vt), high positive end-expiratory pressure ([PEEP](#)), and recruitment maneuvers, low PEEP might yield a potential benefit in closing and protecting the lung [tissue](#). [Multimodal neuromonitoring](#) can ensure the safety of respiratory maneuvers in clinical and scientific practice. Future studies are required to develop guidelines for respiratory management in NCC ¹⁾.

¹⁾

Wen J, Chen J, Chang J, Wei J. [Pulmonary complications](#) and respiratory management in [neurocritical care](#): a narrative review. Chin Med J (Engl). 2022 Apr 5;135(7):779-789. doi: 10.1097/CM9.0000000000001930. PMID: 35671179.

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