

The problem of [cerebrovascular diseases](#) and their most severe form - cerebral [stroke](#) is one of the most pressing problems in modern medicine due to the high level of lethality, significant disability of patients.

The aim: To assess and increase the sign of residents of the city Poltava at the expense of signs of stroke, its risk factors for emergence and emergency measures for stroke.

During the annual social event dedicated to the World Stroke Day, on October 27, 2017, a survey of 981 people in Poltava city was conducted by volunteer students and staff of the Department of Nervous Diseases with Neurosurgery and Medical Genetics of "Ukrainian Medical Stomatological Academy".

About the signs of a stroke were known only by 750 (76.5%) residents of the city Poltava. Only 557 people (56.8%) can provide first aid. The most well-known were women of the middle age category. An increase in arterial pressure was observed in 392 subjects (39.9%). About the presence of diabetes reported 167 (17.2%) of the respondents; the influence of stress - 659 (67.4%); tobacco-smoking - 230 (23,5%); 451 (45.8%) of the respondents had an increased body mass.

As a result of the study, it was found that awareness among Poltava residents about a stroke at a low level, one in four people do not know the main signs of a stroke. The most common risk factors for stroke were stress, body weight and high blood pressure. Every second questionnaire will not be able to provide urgent measures for stroke ¹⁾.

¹⁾

Kryvchun AM, Lytvynenko NV, Pinchuk VA, Sylenko GY, Gladka VM. [Signifying resident of the city poltava at the expense of signs stroke, risk factors and urgent measures (according to medico-social survey)]. Wiad Lek. 2018;71(3 pt 2):695-698. Ukrainian. PubMed PMID: 29783250.

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