

Placebo controlled study

A Placebo-controlled [study](#) are a way of testing a medical therapy in which, in addition to a group of subjects that receives the treatment to be evaluated, a separate control group receives a sham “placebo” treatment which is specifically designed to have no real effect. Placebos are most commonly used in blinded trials, where subjects do not know whether they are receiving real or placebo treatment. Often, there is also a further “natural history” group that does not receive any treatment at all.

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Last update: **2024/06/07 02:59**

