

Personal accomplishment

Personal [accomplishment](#) refers to a sense of pride, [satisfaction](#), or achievement that an individual feels when they have accomplished a specific goal or [task](#). It can be related to various aspects of life, such as work, education, hobbies, or personal relationships. Personal accomplishment is often associated with a sense of self-efficacy or [confidence](#), as it can contribute to an individual's belief in their ability to succeed in future endeavors. Examples of personal accomplishments may include completing a challenging project, achieving a personal best in a physical activity, learning a new [skill](#), or overcoming a significant obstacle.

see [Personal accomplishment of neurosurgeons](#).

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