

Periventricular-intraventricular hemorrhage treatment

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Zaben et al reviewed the available literature on the usefulness and complications of the initial measures used in the treatment of PHH; particularly, focusing on serial cerebrospinal fluid (CSF) tapping, external ventricular drainage (EVD), ventriculosubgaleal shunts (VSG), ventricular access devices (VADs), endoscopic third ventriculostomy (ETV) with and without coagulation of the choroid plexus.

Randomised controlled trials (RCTs) have failed to demonstrate a significant effect of serial lumbar punctures on the rates of morbidity, mortality or conversion to permanent VPS in the treatment of PHH. Retrospective studies, mostly with small patients' numbers, provide not only a considerable controversy regarding EVD, VSG, VADs and ETV usefulness in the management of PHH but also variable rates on their complications. None of these variables have, however, been tested using RCTs.

There is no level-one evidence to support the superiority of any of the currently available temporising measures in the initial treatment of PHH over others. The need for such rigorous studies remains largely unmet. We feel that a UK multi-centre-RCT is paramount to provide neurosurgeons with the evidence needed to choose the best initial approach for PPH treatment, yet with minimal complications' rate ¹⁾

General measures

General measures are directed at optimizing [CPP](#) without further excessive elevation of [CBF](#) by carefully maintaining normal [MAP](#) and normalizing [pCO₂](#), and by treating active [hydrocephalus](#) (HCP) as needed.

While daily [LPs](#) can control the deleterious effects of posthemorrhagic HCP, they do not reduce the frequency of long-term HCP (requiring permanent [shunting](#)). Ventricular size must be monitored with serial U/S.

Medical treatment

1. not very effective. Treated patients fared worse in several studies
2. osmotic agents: isosorbide, glycerol. Effects are short-lived
3. diuretic therapy: has been used, but a large study showed increased nephrocalcinosis and biochemical abnormalities, resulting in a borderline increase in the risk for motor impairment at one year ²⁾.

The results were so compelling, the data-monitoring committee terminated the study prematurely. Furosemide and acetazolamide therapy was deemed neither safe nor effective in treating post-hemorrhagic ventricular dilatation and cannot therefore be recommended ³⁾.

Considerable center variability exists in temporization of [intraventricular hemorrhage](#) in prematurity; however, variation between centers is not seen with permanent shunting. Increasing ventricular size—rather than classic clinical findings such as increasing [occipitofrontal circumference](#) (OFC), represents the threshold for either temporization or shunting of [cerebrospinal fluid](#) CSF.

Intraventricular hemorrhage in premature infants often leads to progressive ventricular dilation and the need for ventricular reservoir placement. Unfortunately, these reservoirs have a higher rate of infection than ventriculoperitoneal shunts in premature babies.

Ventriculoperitoneal shunting as a primary neurosurgical treatment in posthemorrhagic hydrocephalus would decrease surgical morbidity with good functional outcome ⁴⁾.

Gestational age at procedure and previous meningitis were significant risk factors for [ventricular access device](#) (VAD) infections. In addition, the implementation of an institutional standardized shunt protocol for ventriculoperitoneal shunts may have altered the operating room team's behavior, indicated by a nonmandated use of intrathecal antibiotics in VAD surgeries, contributing to a reduced VAD infection rate. Although the observed difference was not statistically significant with the small sample size, Spader et al. believe that these findings deserve further study ⁵⁾.

Surgery

see [Periventricular-intraventricular Hemorrhage Surgery](#).

¹⁾

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International PHVD Drug Trial Group. International randomised controlled trial of acetazolamide and furosemide in posthaemorrhagic ventricular dilatation in infancy. *Lancet*. 1998; 352:433-440

³⁾

Whitelaw A, Kennedy CR, Brion LP. Diuretic therapy for newborn infants with posthemorrhagic

ventricular dilatation. Cochrane Database Syst Rev. 2001. DOI: 10.1002/14651858.CD002270

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Romero L, Ros B, Ríos F, González L, Medina JM, Martín A, Carrasco A, Arráez MA. Ventriculoperitoneal shunt as a primary neurosurgical procedure in newborn posthemorrhagic hydrocephalus: report of a series of 47 shunted patients. Childs Nerv Syst. 2014 Jan;30(1):91-7. doi: 10.1007/s00381-013-2177-6. Epub 2013 Jul 24. PubMed PMID: 23881422.

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Spader HS, Hertzler DA, Kestle JR, Riva-Cambrin J. Risk factors for infection and the effect of an institutional shunt protocol on the incidence of ventricular access device infections in preterm infants. J Neurosurg Pediatr. 2015 Feb;15(2):156-60. doi: 10.3171/2014.9.PEDS14215. Epub 2014 Dec 5. PubMed PMID: 25479576.

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