

Patient Outcome

A **patient outcome** refers to any **measurable change in health status** (positive or negative) that occurs as a **result of medical care, intervention, or disease progression**.

Types of Patient Outcomes

- **Clinical outcomes**: Survival, recovery, complication rates, recurrence, neurological status.
- **Functional outcomes**: Ability to perform daily activities, mobility, independence.
- **Quality of life (QoL)**: Physical, emotional, and social well-being as perceived by the patient.
- **Patient-reported outcomes (PROs)**: Symptoms, satisfaction, pain levels, reported directly by the patient.

Importance

- Central to **evidence-based medicine** and **clinical decision-making**.
- Used to assess the **efficacy, safety, and value** of interventions or procedures.
- Required for **clinical trials, healthcare quality metrics, and treatment guidelines**.

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