

Paraspinal

The term “paraspinal” refers to structures located adjacent to the spine. Specifically, it refers to muscles, tissues, and other structures that lie alongside the vertebral column. The paraspinal muscles are responsible for supporting and stabilizing the spine, as well as facilitating movements of the trunk and neck.

In medical terminology, “paraspinal” can be used to describe various structures and conditions related to the spine. For example, paraspinal muscle strain refers to injury or overuse of the muscles adjacent to the spine, often resulting in localized pain and stiffness. Paraspinal abscesses or infections indicate the presence of pus or inflammation in the tissues surrounding the spine, which can be caused by bacterial, viral, or fungal infections.

Imaging studies such as MRI or CT scans are commonly used to assess the paraspinal region and evaluate any abnormalities or pathologies affecting the spine and surrounding structures. Treatment for paraspinal conditions may include rest, physical therapy, medications, and in severe cases, surgical intervention.

[Paraspinal pyomyositis](#).

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