

# Pallidothalamic tractotomy

Pallidothalamic tractotomy for cervical dystonia.

A limited number of studies have reported the [effect of ablation](#) of the [pallidothalamic tracts](#) for [Parkinson's disease](#).

Horisawa et al. evaluated the [safety](#) and [efficacy](#) of unilateral [pallidothalamic tractotomy](#) for [akinetic-rigid Parkinson's disease](#).

Fourteen [akinetic-rigid Parkinson's disease](#) patients, who were enrolled in this prospective open-label study, underwent unilateral [pallidothalamic tractotomy](#). The [Movement Disorder Society](#)-Unified Parkinson's Disease Rating Scale (MDS-UPDRS) Part III and Part IV ([dyskinesia](#) and [dystonia](#)) scores and [levodopa equivalent daily dose](#) (LEDD) were evaluated at [baseline](#) and at 3 and 12 months postoperatively.

Of the 14 patients enrolled in the study, 4 were lost to follow-up and 10 were analyzed. The total MDS-UPDRS Part III score significantly improved from  $45 \pm 4.6$  at baseline to  $32.9 \pm 4.8$  at 12 months postoperatively ( $p = 0.005$ ). Contralateral side rigidity and bradykinesia significantly improved from  $4.4 \pm 0.5$  and  $10.4 \pm 1.5$  at baseline to  $1.7 \pm 0.4$  ( $p = 0.005$ ) and  $5.2 \pm 1.4$  ( $p = 0.011$ ) at 12 months, respectively. While [posture](#) significantly improved with a 20% reduction in scores ( $p = 0.038$ ), no significant improvement was found in [gait](#) ( $p = 0.066$ ). [Dyskinesia](#) and [dystonia](#) were improved with a 79.2% ( $p = 0.0012$ ) and 91.7% ( $p = 0.041$ ) reduction in scores, respectively. No significant change was found in the LEDD. [Hypophonia](#) was noted in 2 patients, eyelid [apraxia](#) was noted in 1 patient, and a reduced response to [levodopa](#), which resulted in an increase in the daily dose of levodopa, was noted in 3 patients. No serious permanent [neurological deficits](#) were observed.

Unilateral pallidothalamic tractotomy improved contralateral side rigidity and [bradykinesia](#), [dyskinesia](#), and [dystonia](#) in patients with [akinetic-rigid Parkinson's disease](#). Clinical trial registration no.: UMIN000031138 ([umin.ac.jp](#))<sup>1)</sup>.

1)

Horisawa S, Fukui A, Yamahata H, Tanaka Y, Kuwano A, Momosaki O, Iijima M, Nanke M, Kawamata T, Taira T. Unilateral pallidothalamic tractotomy for akinetic-rigid Parkinson's disease: a prospective open-label study. J Neurosurg. 2021 Jan 15:1-7. doi: 10.3171/2020.7.JNS201547. Epub ahead of print. PMID: 33450738.

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