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Otogenic brain abscess

Otogenic brain abscesses are one of the most significant life-threatening complications of otologic infections. Given their low prevalence, otogenic brain abscesses require a high index of suspicion for diagnosis.

In a systematic review, Duarte et al. from the Massachusetts General Hospital Boston and the University of Pennsylvania, Philadelphia, aimed to provide an analysis of otogenic brain abscesses and describe common clinical signs and symptoms, bacteriology, location, treatment options, morbidity, and mortality.

DATA SOURCES: PubMed, Cochrane CENTRAL database, Google Scholar, and Scopus.

The systematic review of literature was performed using the Preferred Reporting Items for Systematic Reviews and Meta-analyses recommendations. Variables assessed included clinical signs and symptoms, bacteriology, location, treatment, morbidity, and mortality.

Twenty-nine studies met inclusion and exclusion criteria, corresponding to a total of 1307 otogenic abscess cases for review. Fifty-five percent of abscesses were found in the temporal lobe and 28% in the cerebellum. Most patients (88.3%) had a history of suppurative chronic otitis media. The most common symptoms were headache, altered mental status, papilledema, and meningeal irritation. Fever, nausea, and vomiting affected about 40% of patients. The most commonly cultured bacterial species was Proteus mirabilis. In addition to antibiotics, most otogenic brain abscesses were treated by burr hole aspiration. Average mortality following advent of computed tomography was 8.11%.

Although rare, otogenic brain abscesses may occur as a complication of suppurative otitis media and require a high index of suspicion. Appropriate imaging studies and multidisciplinary expertise are crucial in the diagnosis and management ¹⁾.

Case reports

1)

A case of a 36-year-old non-diabetic male patient with an otogenic cerebellar abscess, who presented with no cerebellar signs and unique intraoperative ossicular chain status was successfully managed by a combined approach of otolaryngology and neurosurgery, is presented in this report ²⁾.

Duarte MJ, Kozin ED, Barshak MB, Reinshagen K, Knoll RM, Abdullah KG, Welling DB, Jung DH. Otogenic brain abscesses: A systematic review. Laryngoscope Investig Otolaryngol. 2018 Apr 25;3(3):198-208. doi: 10.1002/lio2.150. eCollection 2018 Jun. PubMed PMID: 30062135; PubMed Central PMCID: PMC6057212.

Sunnychan S, Deshmukh P, Gaurkar SS, Panicker A, Vijayappan A. Otogenic Brain Abscess: Judicious Management in a Case of Chronic Suppurative Otitis Media. Cureus. 2022 Oct 18;14(10):e30430. doi: 10.7759/cureus.30430. PMID: 36407212; PMCID: PMC9671137.

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