

Orthostatic headache

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[Headache](#) that occurs or worsens with [upright posture](#). Improved in recumbency.

Previously it was often misdiagnosed as different primary headache disorders such as [migraine](#) or [tension headaches](#). Increasing awareness of the symptom and its causes has prevented delayed or missed diagnosis.

German neurologist Schaltenbrand reported that orthostatic headache by low cerebrospinal fluid pressure in [1938](#). This disease came to be known after development of radiological diagnosis in [1990](#).

Shinonaga et al reported that cerebrospinal fluid leak is induced in the whiplash sequelae after traffic accident in [2003](#) ¹⁾

Etiology

see [Spontaneous intracranial hypotension](#).

¹⁾

Shinonaga M. [The present state and view of the cerebrospinal fluid hypovolemia research]. Nihon Rinsho. 2013 Oct;71(10):1871-8. Review. Japanese. PubMed PMID: 24261222.

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