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ON-Q

ON-Q* is an elastomeric drug delivery system that delivers local anesthetic directly to the surgical site either through a nerve block or a surgeon-placed catheter, for post-operative pain relief. It is indicated to significantly reduce the use of opioids and to provide better pain relief than opioids alone.

Sixty-one patients who underwent ALIF surgery were enrolled. For thirty-one of them, a continuous local anesthetics infiltration system was used at the abdominal site. They collected data regarding the patients' sleep quality; satisfaction with pain control after surgery; abilities to perform physical tasks and the additional application of opioids in the postoperative 48 hours.

The On-Q system group showed reduced visual analog scale scores for pain at the surgical site during rest and movement at 0, 12, 24, and 48 hours; and more were satisfied with pain control management at the first postoperative day $(7.0 \pm 1.2 \text{ vs. } 6.0 \pm 1.4; P = 0.003)$ and week $(8.1 \pm 1.6 \text{ vs. } 7.0 \pm 1.8; P = 0.010)$ than the control group. The number of additional patient-controlled analgesia (PCA) bolus and pethidine injections was lower in the On-Q group (PCA: $3.67 \pm 1.35 \text{ vs. } 4.60 \pm 1.88; P = 0.049$ and pethidine: $2.09 \pm 1.07 \text{ vs. } 2.73 \pm 1.38; P = 0.032$). Patients who used the On-Q system performed more diverse activity and achieved earlier ambulation than those in the control group.

Continuous wound infiltration with ropivacaine using an On-Q system may be effective for controlling postoperative pain after ALIF surgery ¹⁾.

1)

Lee SM, Yun DJ, Lee SH, Lee HC, Joeng KH. Continuous wound infiltration of ropivacaine for reducing of postoperative pain after anterior lumbar fusion surgery: a clinical retrospective comparative study. Korean J Pain. 2021 Apr 1;34(2):193-200. doi: 10.3344/kjp.2021.34.2.193. PMID: 33785671.

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