

An object is that to which a subject relates. Michael St. Clair writes, "For example, I love my children, I fear snakes, I am angry with my neighbor." Drives like those for sex, hunger, and affection have objects. In object-relations theory, objects are usually persons, parts of persons, or symbols of one of these.

Ergonomics is the [science](#) of designing and arranging [objects](#), [environments](#), and [systems](#) to optimize human [well-being](#), [comfort](#), [safety](#), and [performance](#).

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Last update: **2024/06/07 02:57**

