

Nutritional risk assessment

Such an assessment includes subjective and objective parameters such as [medical history](#), current and past [dietary intake](#) (including [energy](#) and [protein balance](#)), [physical examination](#) and anthropometric measurements, functional and mental assessment, [quality of life](#), [medications](#), and laboratory values.

A study demonstrated an association between nutritional risk assessment and [outcomes](#) such as length of stay in the neuro [ICU](#), type of [discharge](#), [functional status](#), and [mortality](#) prediction accuracy¹⁾.

¹⁾

Carvalho MR, Berto BSD, Rodrigues AM, Prudente LOB, Moura ELB. Nutritional assessment of patients with aneurysmal subarachnoid hemorrhage using the modified "Nutrition Risk in the Critically ill" score, and its association with outcomes. Nutr Hosp. 2022 Jul 15. English. doi: 10.20960/nh.04093. Epub ahead of print. PMID: 35916136.

From:

<https://neurosurgerywiki.com/wiki/> - **Neurosurgery Wiki**

Permanent link:

https://neurosurgerywiki.com/wiki/doku.php?id=nutritional_risk_assessment

Last update: **2024/06/07 02:53**

