

Nurick Scale

A six grade system (0-5) based on the 'difficulty in walking' in [Cervical spondylotic myelopathy](#).

Classification Scheme:

Grade 0: signs or symptoms of root involvement but without evidence of spinal cord disease

Grade 1: signs of spinal cord disease but no difficulty in walking.

Grade 2: slight difficulty in walking which does not prevent full-time employment

Grade 3: difficulty in walking which prevented full time employment or the ability to do all housework, but which was not so severe as to require someone else's help to walk

Grade 4: able to walk only with someone else's help or with the aid of a frame.

Grade 5 : chairbound or bedridden. ¹⁾

¹⁾

Nurick S. The pathogenesis of the spinal cord disorder associated with cervical spondylosis. Brain. 95:87-100 1972.

From:

<https://neurosurgerywiki.com/wiki/> - **Neurosurgery Wiki**

Permanent link:

https://neurosurgerywiki.com/wiki/doku.php?id=nurick_scale

Last update: **2024/06/07 02:56**

