

Neurosarcoidosis Treatment

Antibiotics have not been proven to be of benefit. **Immunosuppression** primarily with **corticosteroids** is beneficial for systemic as well as neurologic involvement. Therapy may be initiated with **prednisone** 60 mg PO QD in adults and tapered based on response. Therapy with **cyclosporine** may allow a reduction in steroid dosage in refractory cases ¹⁾.

Treatment options for unresponsive cases include **methotrexate**, **Cytoxan**, **cyclophosphamide**, **azathioprine**, **Hydroxychloroquine** (Plaquenil®) & low dose XRT. CSF **shunting** is indicated if **hydrocephalus** develops.

¹⁾

Stern BJ, Schonfeld SA, Sewell C, et al. The Treatment of Neurosarcoidosis With Cyclosporine. Arch Neurol. 1992; 49:1065-1072

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