

□ Journal Overview Title: Neurology and Therapy

Publisher: Springer Healthcare

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Established: 2012

Access Type: Open Access

Indexing: PubMed, Scopus, DOAJ, Embase, Google Scholar

Publication Model: Continuous publication (online only)

□ Scope and Aims Neurology and Therapy focuses on clinical research, therapeutic interventions, and real-world studies in neurology. It aims to provide a platform for both original research and practical insights on the management of neurological disorders.

Core topics include: Multiple sclerosis

Alzheimer's disease and dementias

Parkinson's disease

Stroke

Epilepsy

Neuropathic pain

Sleep disorders

Neurocritical care

Migraine

Pharmacological and device-based therapies

□ Strengths Therapeutic focus: Unlike broader neurology journals, it emphasizes clinical applicability and treatment strategies, which appeals to neurologists and clinicians looking for real-world relevance.

Open access: All articles are freely available, improving visibility and dissemination.

Rapid publication: Known for relatively short peer-review and publication cycles, which supports timely dissemination of data.

Multiformat content: Includes video abstracts, infographics, and plain language summaries, which enhance accessibility and patient-centered communication.

Patient voice inclusion: Occasionally includes patient perspectives, aligning with current trends in participatory medicine.

△ Limitations Lack of methodological rigor in some studies: The journal publishes many real-world studies and case series with limited internal validity (small sample sizes, lack of controls,

retrospective designs).

Not among top-tier neurology journals: It is not considered a leading journal in terms of impact factor, prestige, or citation metrics. Its primary niche is practical, not groundbreaking science.

Sponsored content: Some articles are industry-supported or written in collaboration with pharma, requiring the reader to critically assess for bias despite declarations of conflicts of interest.

Limited basic science: The journal does not cater to experimental neuroscience or mechanistic studies, making it less attractive to translational researchers.

□ Clinical Usefulness Neurology and Therapy is a useful source for up-to-date therapeutic approaches, especially in common neurological diseases where pharmacologic management evolves rapidly. It serves clinicians who value real-world data and pragmatic approaches over purely theoretical or experimental content.

However, for systematic reviews, meta-analyses, or guideline-setting research, readers should supplement it with higher-impact journals (e.g., Neurology, Lancet Neurology, Brain).

□ Ideal Audience General neurologists

Pain specialists

Clinicians seeking updates in pharmacotherapy

Health policy and pharma professionals

Residents and trainees exploring applied therapeutics

□ Final Verdict Practical and accessible but methodologically modest. Use it as a source for therapeutic trends and practical updates—not as a substitute for high-impact evidence.

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